



# NSS MONTHLY NEWSLETTER



December 2022

## Holiday Safety Tips

With the Holiday season upon us, there will be numerous things that all workers and their families will have on their minds. It is a challenge to stay focused at work during this time of year.

This is when it is especially important to take a few seconds for safety.

When you find yourself working and your thoughts running wild with all the plans and activities of Christmas, STOP; take those few short seconds to look around and come back to the present moment.

- **Prepare your home for a safe holiday.** Make sure you have a working carbon monoxide detector, smoke alarm, fire extinguisher, and a first aid kit.
- **Decorate with safety in mind.** Never leave burning candles unattended; keep them away from children, pets, decorations, and wrapping paper. Use ladders and step stools safely when putting up decorations. Do not overextend past the rails of the ladder or step stool.
- **Keep lights bright.** Only use lights that have been certified by a recognized organization, such as CSA, ULC, or C-UL. Check the light strings and extension cords; throw out any that are frayed or have exposed wires, loose connections, or broken sockets. Only use extension cords with three prong connectors for your holiday lights.
- **Prepare your car for an emergency.** Install winter tires and make sure windshield washer fluid is always topped up. Prepare a kit to keep in your vehicle in case of an emergency; with items such as a blanket, a candle in a deep can with matches, and first aid kit with a seat belt cutter.

*NSS is pleased to announce the newest member of our team.  
Ed Landriault is our First Aid Specialist and Trainer.*

**Have a Safe and Happy Holiday Season from  
the Staff and Management at  
Northern Safety Solutions**



**Northern Safety Solutions Inc.**

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