



# Safety Talk



September 2020

## Slips, Trips and Falls

Every year, falls result in a significant number of injuries and fatalities amongst workers in the province of Ontario. These types of injuries are the leading cause of lost time injury claims in the workplace.

Preventing such injuries is a key goal of every safe and healthy workplace. Employers must:

- Provide information and instruction to workers on slip, trip and fall hazards.
- Encourage workers to report slip, trip and fall hazards.
- Identify and assess the risk of job-specific slip, trip and fall hazards.
- Establish controls to eliminate or reduce workers' exposure to slip, trip and fall hazards.
- Ensure the control measures are working.

### Falls Awareness Week

Falls Awareness Week is September 14-18, 2020 this year. The goal is to bring awareness to the workers through workplace discussion and participation. Employers are encouraged to stop and take 2-3 minutes anytime throughout the week to hold a safety talk about fall prevention in their workplaces.

### Tips for Preventing Slips, Trips and Falls in Your Workplace

- Clean up any spills – use appropriate spill kit or post signage if there will be a delay in cleaning up a spill
- Place sand and/or salt on slippery surfaces such as ice and snow, be cautious of wet leaves
- Ensure walkways are adequately cleaned
- Close cabinets and drawers when not in use
- Keep workplaces free of debris, clutter and obstacles
- Wear adequate footwear for the task at hand
- Ensure adequate lighting is provided - replace burnt out lightbulbs
- Secure all carpets and/or mats on floor to prevent movement or curling
- Running and horseplay are prohibited in the workplace
- Repair or replace uneven or damaged flooring



Northern Safety Solutions and Workplace Management Systems are proud partners for all your Health and Safety training needs, including **Slip, Trip and Fall Awareness Training**.  
Call us today for more details!



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