



April 2020

Personal Hygiene at Work

All workplaces need to be hygienic and safe for all workers, customers and visitors. Each workplace will require a different level of hygiene. Business owners are encouraged to develop and implement a personal hygiene policy for their workplace.

How to Maintain a Healthy Workplace

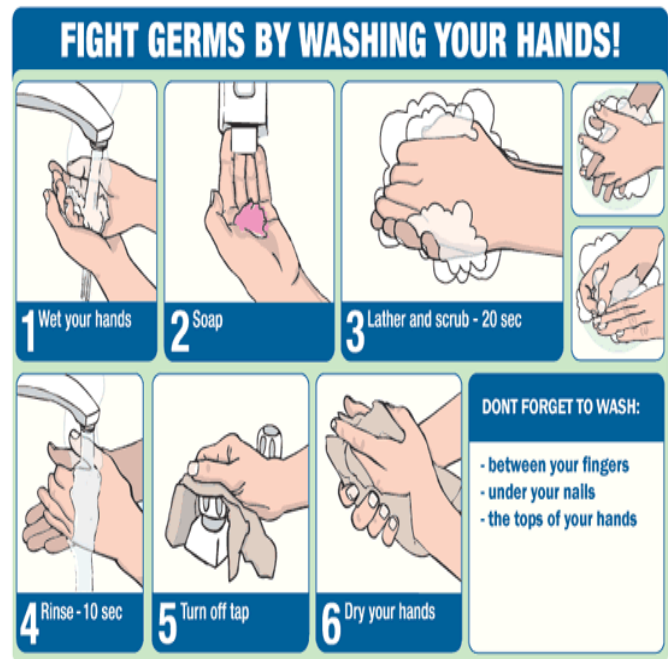
- Implement a hygiene policy
- Provide a clean bathroom
- Provide clean wipes, sanitizers and tissues
- Regular cleaning
- Stay home if you're sick

Do

- Clean up after yourself
- Regularly wipe down your workstation
- Wash your cups and mugs daily
- Use sanitizer provided for you
- Adhere to the company hygiene policy
- Discard used tissues in the garbage
- Use appropriate PPE as required

Do Not

- Sneeze or cough without covering your nose and mouth
- Leave washroom without washing your hands
- Use a public toilet without wiping it down



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